

JUNIOR HIGH LUNCH MENU/SEPTEMBER 1 - 29, 2017

MENU SUBJECT TO CHANGE

SALAD BAR OFFERED DAILY

TWO COMPONENTS MAY BE DECLINED BUT MUST HAVE ½ c FRUIT OR VEGETABLE

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*WG/Whole Grain Rich				1 CORN DOG w/catsup/mustard OR BURRITO W/SALSA TATER TOTS PORK & BEANS ¼ c PEARS, PEACHES, OR MIXED FRUIT FRUIT ROLL UP MILK
4 LABOR DAY NO SCHOOL	5 CHICKEN PATTY ON WG BUN w/mayo & piickles SCALLOPED POTATOES PEAS ORANGE, PEACHES, OR PINEAPPLE MILK	6 MEXICAN GOULASH LETTUCE SALAD w/ff dressing SEASONED BLACK BEANS ¼ c APPLESAUCE, MIXED FRUIT, OR PEACHES CORNBREAD MILK	7 WG CHEESE, WG PEPPERONI, OR SAUSAGE PIZZA SLICE GREEN BEANS CARROT STICKS ¼ c w/ff dip PEARS, PEACHES, OR PINEAPPLE WG SUGAR COOKIE MILK	8 WG MINI CORN DOGS w/catsup/mustard CROSS CUT SAVORY POTATOES BAKED BEANS ¼ c MANDARIN ORANGES, APPLESAUCE, OR PEARS MILK
11 WG POPCORN CHICKEN w/bbq/honey mustard MASHED POTATOES GRAVY LETTUCE SALAD w/ff dressing WG BISCUIT MANDARIN ORANGES, APPLESAUCE, OR PEARS MILK	12 CHEESEBURGER ON WG BUN w/catsup/mustard/pickles OVEN FRIES CELERY & CARROT STICKS ¼ c ea w/ff dip ORANGE, PINEAPPLE, OR PEARS MILK	13 SCHOOL IMPROVEMENT DAY EARLY DISMISSAL NO LUNCH SERVED	14 ASIAN DAY ORANGE CHICKEN FRIED RICE STEAMED BROCCOLI EGG ROLL PINEAPPLE, APPLESAUCE, OR PEARS MILK	15 BBQ CHICKEN ON BUN w/pickles SWEET POTATO PUFFS PEAS APPLE SLICES, MIXED FRUIT, OR PEACHES CHOCOLATE CHIP COOKIE MILK
18 CHICKEN TENDERS w/bbq/honey mustard MASHED POTATOES & GRAVY BABY CARROTS w/ff dip WG BREAD SLICE APPLESAUCE, MIXED FRUIT, OR PEACHES MILK	19 BBQ RIB ON WG BUN w/pickles CHEESY POTATOES PEAS ORANGE, PINEAPPLE, OR PEARS CHEX MIX MILK	20 RAVIOLI W/MEAT SAUCE LETTUCE SALAD ½ c w/ff dressing GREEN BEANS WW BREADSTICKS APPLE SLICES, PINEAPPLE, OR RAISINS MILK	21 WG CHEESE OR CHICKEN QUESADILLA W/SALSA ¼ c SEASONED BLACK BEANS ¼ c CORN MANDARIN ORANGES, PEACHES, OR MIXED FRUIT MILK	22 TURKEY MANHATTAN (Turkey Gravy, Mashed Potatoes, Bread Slice) BROCCOLI FLORETS w/ff dip APPLE SLICES, PINEAPPLE OR RAISINS MILK
25 WG CHICKEN NUGGETS w/bbq/honey mustard MASHED POTATOES & GRAVY GREEN BEANS WG PRETZEL ROD W/CHEESE APPLESAUCE, PINEAPPLE OR PEACHES MILK	26 SLOPPY JO ON WG BUN w/pickles SAVORY CUBES PINTO BEANS PEARS, MANDARIN ORANGES, OR MIXED FRUIT SIDEKICK FROZEN FRUIT ICEE MILK	27 CHICKEN & NOODLES GLAZED CARROTS LETTUCE SALAD w/ff dressing WG BREAD SLICE APPLESAUCE, MANDARIN ORANGES, OR PEACHES MILK	28 TWO SOFT BEEF TACOS SALSA/SOUR CREAM SHREDDED LETTUCE ½ c CHEESE DICED TOMATOES CORN PEARS, BANANA, OR PINEAPPLE MILK	29 HOT DOG OR CHILI DOG ON WG BUN w/catsup/mustard/relish TATER TOTS KIDNEY BEANS PINEAPPLE, APPLESAUCE, OR BANANA MILK