

JUNIOR HIGH LUNCH MENU/MAY 1 – 24, 2019

MENU SUBJECT TO CHANGE

SALAD BAR OFFERED DAILY

TWO COMPONENTS MAY BE DECLINED BUT MUST HAVE ½ c FRUIT OR VEGETABLE

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 SLOPPY JO ON WG BUN w/pickles SEASONED CROSS CUTS GREEN BEANS PEARS, MANDARIN ORANGES, OR MIXED FRUIT FRUIT ROLL UP MILK	2 WG CHEESE, PEPPERONI, OR SAUSAGE PIZZA SLICE LETTUCE SALAD w/ff dressing CORN PEARS, PEACHES, OR PINEAPPLE OATMEAL RAISIN COOKIE MILK	3 SWEET & SOUR CHICKEN FRIED RICE STEAMED BROCCOLI EGG ROLL w/sweet & sour MANDARIN ORANGES, PINEAPPLE, OR PEACHES FORTUNE COOKIE MILK
6 CHICKEN TENDERS w/bbq/sweet & sour MASHED POTATOES & GRAVY BABY CARROTS w/ff dip WG PRETZEL ROD & CHESSE APPLESAUCE, MIXED FRUIT, OR PEACHES MILK	7 BBQ RIB ON WG BUN w/pickles SCALLOPED POTATOES PEAS ¼ c ORANGE, PEACHES, OR PINEAPPLE CHEX MIX MILK	8 RAVIOLI W/MEAT SAUCE LETTUCE SALAD w/ff dressing GREEN BEANS CORNBREAD APPLESAUCE, PINEAPPLE, OR RAISINS MILK	9 7 TH GRADE COOK OUT 8 TH GRADE TRIP	10 BBQ TERIYAKI CHICKEN FRIED RICE CORN EGG ROLL w/sweet & sour MANDARIN ORANGES, PINEAPPLE, OR PEACHES SUGAR COOKIE MILK
13 ASS'T. CHICKEN w/bbq/sweet & sour MASHED POTATOES & GRAVY GLAZED CARROTS WG BISCUIT MANDARIN ORANGES, APPLESAUCE, OR PEARS MILK	14 HOT DOG OR CHILI DOG ON WG BUN w/catsup/mustard/relish SAVORY CUBES BAKED BEANS PINEAPPLE, APPLESAUCE, OR MIXED FRUIT MILK	15 CHEESEBURGER ON WG BUN w/catsup/mustard/pickles OVEN FRIES CARROT & CELERY STICKS ¼ c ea PEACHES, PINEAPPLE, OR PEARS MILK	16 NACHO GRANDE w/salsa/sour cream SHREDDED LETTUCE CHEESE DICED TOMATOES CORN MANDARIN ORANGES, PEACHES, OR PINEAPPLE MILK	17 GENERAL TSO'S OR ORANGE CHICKEN FRIED RICE STEAMED BROCCOLI EGG ROLL sweet & sour PINEAPPLE, APPLESAUCE, OR PEARS FORTUNE COOKIE MILK
20 CHICKEN & NOODLES GLAZED CARROTS LETTUCE SALAD w/tomatoes/cucumbers ASSORTED FRUITS WG BREAD SLICE MILK	21 SLOPPY JO ON WG BUN w/pickles POTATOES VEGETABLE ASSORTED FRUITS COOKIE MILK	22 CHICKEN OR CHEESE QUESADILLA w/salsa & sour cream CORN REFRIED OR BLACK BEANS ASSORTED FRUIT MILK	23 PIZZA SLICE POTATO GREEN BEANS ASS'T. FRUIT COOKIE MILK	24 EARLY DISMISSAL NO LUNCH SERVED

*WG/Whole Grain Rich