

JUNIOR HIGH LUNCH MENU/APRIL 1 - 30, 2019

MENU SUBJECT TO CHANGE

SALAD BAR OFFERED DAILY

TWO COMPONENTS MAY BE DECLINED BUT MUST HAVE ½ c FRUIT OR VEGETABLE

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN FRYZE w/bbq/sweet & sour MASHED POTATOES w/GRAVY GLAZED CARROTS PRETZEL ROD w/CHEESE APPLE SLICES, PEARS, OR MIXED FRUIT MILK	2 BBQ RIB ON WG BUN w/pickles CHEESY POTATOES PEAS ORANGE, PINEAPPLE, OR PEARS CHEX MIX MILK	3 RAVIOLI W/MEAT SAUCE LETTUCE SALAD w/ff dressing DICED CUCUMBERS/TOMATOES GREEN BEANS WG GARLIC BREADSTICKS PEACHES, APPLESAUCE, OR MIXED FRUIT MILK	4 WG MINI CORN DOGS w/catsup/mustard CROSS CUT SAVORY POTATOES BAKED BEANS MANDARIN ORANGES, APPLESAUCE, OR PEARS MILK	5 ORANGE CHICKEN FRIED RICE STEAMED BROCCOLI EGG ROLL PINEAPPLE, APPLESAUCE, OR PEARS FORTUNE COOKIE MILK
8 WG POPCORN CHICKEN w/bbq/ sweet & sour MASHED POTATOES & GRAVY LETTUCE SALAD w/ff dressing DICED CUCUMBERS/TOMATOES WG BISCUIT MANDARIN ORANGES, APPLESAUCE, OR PEARS MILK	9 CHICKEN PATTY ON WG BUN w/mayo & pickles SCALLOPED POTATOES PEAS ORANGE, PEACHES, OR PINEAPPLE MILK	10 MEXICAN GOULASH LETTUCE SALAD w/ff dressing DICED CUCUMBERS/TOMATOES SEASONED BLACK BEANS APPLESAUCE, MIXED FRUIT, OR PEACHES CORNBREAD MILK	11 WG CHEESE, WG PEPPERONI, OR SAUSAGE PIZZA SLICE GREEN BEANS CORN PEARS, PEACHES, OR PINEAPPLE OATMEAL RAISIN COOKIE MILK	12 TURKEY MANHATTAN (Turkey Gravy, Mashed Potatoes, Bread Slice) BROCCOLI FLORETS w/ff dip APPLESAUCE, PINEAPPLE OR STRAWBERRIES MILK
15 CHICKEN TENDERS w/bbq/sweet & sour MASHED POTATOES & GRAVY GREEN BEANS WG BREAD SLICE APPLESAUCE, MIXED FRUIT, OR PEACHES MILK	16 CHEESEBURGER ON WG BUN w/catsup/mustard/pickles OVEN FRIES CELERY & CARROT STICKS ¼ c ea w/ff dip PEACHES, PINEAPPLE, OR PEARS MILK	17 CHICKEN & NOODLES GLAZED CARROTS LETTUCE SALAD w/ff dressing WG BISCUIT APPLESAUCE, MANDARIN ORANGES, OR PEACHES MILK	18 SPRING BREAK NO SCHOOL	19 GOOD FRIDAY NO SCHOOL
22 SPRING BREAK NO SCHOOL	23 CORN DOG w/catsup/mustard OR BURRITO W/salsa/sour cream SWEET POTATO FRIES PORK & BEANS PEARS, PEACHES, OR MIXED FRUIT FRUIT ROLL UP MILK	24 WG CHICKEN NUGGETS w/bbq/sweet & sour MASHED POTATOES & GRAVY PEAS WG PRETZEL ROD W/CHEESE APPLESAUCE, PINEAPPLE OR PEACHES MILK	25 BREADED MOZZARELLA STICKS w/marinara sauce GREEN BEANS CORN MANDARIN ORANGES, PEACHES, OR PINEAPPLE MILK	26 TWO SOFT CHICKEN TACOS SALSA/SOUR CREAM SHREDDED LETTUCE ½ c CHEESE DICED TOMATOES REFRIED BEANS MANDARIN ORANGES, PEACHES, OR PINEAPPLE MILK
29 BBQ TERRIAKI CHICKEN FRIED /RICE CORN EGG ROLL w/sweet & sour MANDARIN ORANGES, PINEAPPLE, OR PEACHES FORTUNE COOKIE MILK	30 HOT DOG OR CHILI DOG ON WG BUN w/catsup/mustard/relish SAVORY CUBES PINTO BEANS ¼ c PEARS, MANDARIN ORANGES, OR MIXED FRUIT CHOCOLATE BROWNIE COOKIE MILK			

*WG/Whole Grain Rich