

JUNIOR HIGH LUNCH MENU/MARCH 1 -30, 2018

MENU SUBJECT TO CHANGE

SALAD BAR OFFERED DAILY

TWO COMPONENTS MAY BE DECLINED BUT MUST HAVE ½ c FRUIT OR VEGETABLE

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 ASIAN DAY ORANGE OR GENERAL TSO CHICKEN FRIED RICE STEAMED BROCCOLI EGG ROLL PINEAPPLE, APPLESAUCE, OR PEARS FORTUNE COOKIE MILK	2 CORN DOG w/catsup/mustard OR BURRITO W/SALSA SWEET POTATO BITES PORK & BEANS ¼ c PEARS, PEACHES, OR MIXED FRUIT CHEX MIX MILK
5 WG POPCORN CHICKEN w/bbq/honey mustard/sweet & sour sauce MASHED POTATOES GRAVY GREEN BEANS PRETZEL ROD W/CHEESE MANDARIN ORANGES, APPLESAUCE, OR PEARS MILK	6 CHEESEBURGER ON WG BUN w/catsup/mustard/pickles OVEN FRIES CARROT & CELERY STICKS ¼ c ea w/ff dip ORANGE, PEACHES, OR PINEAPPLE MILK	7 SCHOOL IMPROVEMENT DAY EARLY DISMISSAL NO LUNCH SERVED	8 CHICKEN & NOODLES GLAZED CARROTS LETTUCE SALAD w/ff dressing WG BISCUIT MIXED FRUIT, MANDARIN ORANGES, OR PEACHES MILK	9 WG MINI CORN DOGS w/catsup/mustard CROSS CUT SAVORY POTATOES KIDNEY BEANS MANDARIN ORANGES, APPLESAUCE, OR PINEAPPLE WG CHOCOLATE CHIP COOKIE MILK
12 WG CHICKEN FRYZE w/bbq/ honey mustard/sweet & sour sauce MASHED POTATOES & GRAVY GLAZED CARROTS WG BREAD SLICE APPLESAUCE, MIXED FRUIT, OR PEACHES MILK	13 CHICKEN PATTY ON WG BUN w/mayo/pickles SCALLOPED POTATOES BAKED BEANS PEARS, MANDARIN ORANGES, OR MIXED FRUIT MILK	14 RAVIOLI W/MEAT SAUCE LETTUCE SALAD ½ c w/ff dressing GREEN BEANS WG GARLIC BREAD APPLE SLICES, PINEAPPLE, OR RAISINS MILK	15 ASIAN DAY TERIYAKI CHICKEN FRIED RICE CORN EGG ROLL w/sweet & sour sauce MANDARIN ORANGES, PINEAPPLE, OR PEACHES SUGAR COOKIE MILK	16 TURKEY MANHATTAN (Turkey Gravy, Mashed Potatoes, Bread Slice) BROCCOLI FLORETS w/ff dip APPLE SLICES, ORANGE, OR RAISINS MILK
19 CHICKEN TENDERS w/bbq/ honey mustard/sweet & sour MASHED POTATOES & GRAVY GREEN BEANS WG BISCUIT APPLESAUCE, PINEAPPLE, OR PEACHES MILK	20 HOT DOG OR CHILI DOG ON WG BUN w/catsup/mustard/relish SAVORY CUBES PINTO BEANS PEARS, MANDARIN ORANGES, OR MIXED FRUIT OATMEAL RAISIN COOKIE MILK	21 SPAGHETTI /w MEAT SAUCE LETTUCE SALAD w/ff dressing CORN BREADSTICKS PEACHES, APPLESAUCE, OR MIXED FRUIT MILK	22 NACHO GRANDE SALSA/SOUR CREAM SHREDDED LETTUCE ½ c SHREDDED CHEESE DICED TOMATOES REFRIED BEANS ½ c PEARS, APPLESAUCE, OR PINEAPPLE MILK	23 BBQ RIB ON WG BUN w/pickles SWEET POTATO FRIES PEAS MIXED FRUIT, MANDARIN ORANGES, OR PINEAPPLE ½ c MILK
26 WG CHICKEN NUGGETS w/bbq/honey mustard/sweet & sour sauce MASHED POTATOES & GRAVY GLAZED CARROTS WG PRETZEL ROD W/CHEESE APPLESAUCE, PINEAPPLE OR PEACHES MILK	27 WG CHEESE, WG PEPPERONI, OR SAUSAGE PIZZA SLICE GREEN BEANS CORN PEARS, PEACHES, OR PINEAPPLE FRUIT ROLL UP MILK	28 MEXICAN GOULASH LETTUCE SALAD w/ff dressing SEASONED BLACK BEANS ¼ c CORNBREAD APPLESAUCE, MIXED FRUIT, OR PEACHES FRUIT ICEE MILK	29 SPRING BREAK NO SCHOOL	30 GOOD FRIDAY NO SCHOOL

*WG/Whole Grain Rich