

JUNIOR HIGH LUNCH MENU/FEBRUARY 1 - 28, 2018

MENU SUBJECT TO CHANGE

SALAD BAR OFFERED DAILY

TWO COMPONENTS MAY BE DECLINED BUT MUST HAVE ½ c FRUIT OR VEGETABLE

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 ASIAN DAY ORANGE CHICKEN FRIED RICE STEAMED BROCCOLI EGG ROLL PINEAPPLE, APPLESAUCE, OR PEARS FORTUNE COOKIE MILK	2 CORN DOG w/catsup/mustard OR BURRITO W/SALSA SWEET POTATO BITES PORK & BEANS ¼ c PEARS, PEACHES, OR MIXED FRUIT CHEX MIX MILK
5 WG POPCORN CHICKEN w/bbq/honey mustard/sweet & sour sauce MASHED POTATOES GRAVY GLAZED CARROTS WG BISCUIT MANDARIN ORANGES, APPLESAUCE, OR PEARS MILK	6 BBQ RIB ON WG BUN w/pickles SCALLOPED POTATOES PEAS ORANGE, PEACHES, OR PINEAPPLE GRAHAM CRACKERS MILK	7 SPAGHETTI /w MEAT SAUCE LETTUCE SALAD w/ff dressing CUCUMBERS/DICED TOMATOES CORN BREADSTICKS PEACHES, APPLESAUCE, OR MIXED FRUIT MILK	8 TURKEY MANHATTAN (Turkey Gravy, Mashed Potatoes, Bread Slice) BROCCOLI FLORETS w/ff dip APPLE SLICES, PINEAPPLE OR RAISINS MILK	9 WG MINI CORN DOGS w/catsup/mustard CROSS CUT SAVORY POTATOES BAKED BEANS MANDARIN ORANGES, APPLESAUCE, OR PEARS WG SUGAR COOKIE MILK
12 WG CHICKEN TENDERS w/bbq/ honey mustard/sweet & sour sauce MASHED POTATOES & GRAVY GREEN BEANS WG BREAD SLICE APPLESAUCE, MIXED FRUIT, OR PEACHES MILK	13 CHEESEBURGER ON WG BUN w/catsup/mustard/pickles OVEN FRIES BROCCOLI FLORETS w/ff dip ORANGE, PINEAPPLE, OR PEARS MILK	14 MEXICAN GOULASH LETTUCE SALAD w/ff dressing SEASONED BLACK BEANS ¼ c CORNBREAD APPLESAUCE, MIXED FRUIT, OR PEACHES CHERRY SMOOTHIE MILK	15 ASIAN DAY TERIYAKI CHICKEN FRIED RICE GREEN BEANS EGG ROLL w/sweet & sour sauce MANDARIN ORANGES, PINEAPPLE, OR PEACHES MILK	16 PARENT TEACHER CONFERENCE NO SCHOOL
19 PRESIDENTS DAY NO SCHOOL	20 WG CHEESE, WG PEPPERONI, OR SAUSAGE PIZZA SLICE GREEN BEANS CORN PEARS, PEACHES, OR PINEAPPLE FRUIT ROLL UP MILK	21 CHICKEN & NOODLES GLAZED CARROTS LETTUCE SALAD w/ff dressing WG BISCUIT APPLESAUCE, MANDARIN ORANGES, OR PEACHES MILK	22 TWO SOFT BEEF TACOS SALSA/SOUR CREAM SHREDDED LETTUCE ½ c SHREDDED CHEESE DICED TOMATOES REFRIED BEANS ½ c CORN PEARS, BANANA, OR PINEAPPLE MILK	23 BBQ CHICKEN ON WG BUN w/pickles TATER TOTS ½ c BROCCOLI FLORETS w/ff dip PINEAPPLE ½ c MILK
26 WG CHICKEN NUGGETS w/bbq/honey mustard/sweet & sour sauce MASHED POTATOES & GRAVY GLAZED CARROTS WG PRETZEL ROD W/CHEESE APPLESAUCE, PINEAPPLE OR PEACHES MILK	27 SLOPPY JO ON WG BUN w/pickles SAVORY CUBES PINTO BEANS PEARS, MANDARIN ORANGES, OR MIXED FRUIT OATMEAL RAISIN COOKIE MILK	28 RAVIOLI W/MEAT SAUCE LETTUCE SALAD ½ c w/ff dressing GREEN BEANS WG GARLIC BREAD APPLE SLICES, PINEAPPLE, OR RAISINS MILK		

*WG/Whole Grain Rich