

JUNIOR HIGH LUNCH MENU/DECEMBER 3 – 21, 2018

MENU SUBJECT TO CHANGE

SALAD BAR OFFERED DAILY

TWO COMPONENTS MAY BE DECLINED BUT MUST HAVE ½ c FRUIT OR VEGETABLE

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CHICKEN FRYZE w/bbq or sweet/sour SAVORY CUBES PEAS MANDARIN ORANGES, PEACHES, OR APPLESAUCE CHEDDAR GOLDFISH MILK	4 WG MINI CORN DOGS w/catsup/mustard SWEET POTATO FRIES BAKED BEANS MANDARIN ORANGES, APPLESAUCE, OR PEARS MILK	5 CHICKEN PATTY ON WG BUN w/mayo & pickles SCALLOPED POTATOES GREEN BEANS ORANGE, PEACHES, OR PINEAPPLE MILK	6 RAVIOLI W/MEAT SAUCE LETTUCE SALAD ½ c w/ff dressing DICED TOMATOES/CUCUMBERS CORN GARLIC BREAD APPLE SLICES, PINEAPPLE, OR RAISINS MILK	7 GENERAL TSO OR ORANGE CHICKEN ASIAN FRIED RICE ½ c STEAMED BROCCOLI ½ c EGG ROLL w/sweet & sour MANDARIN ORANGES, PEACHES, OR PINEAPPLE FORTUNE COOKIE MILK
10 CHICKEN TENDERS w/bbq or sweet/sour MASHED POTATOES & GRAVY PEAS WG BISCUIT APPLESAUCE, MIXED FRUIT, OR PEACHES MILK	11 BREADED MOZZARELLA STICKS w/marinara sauce ¼ c GREEN BEANS CORN MIXED FRUIT, PINEAPPLE, OR PEARS MILK	12 BBQ RIB ON WG BUN w/pickles CHEESY POTATOES PINTO BEANS ORANGE, PINEAPPLE, OR PEARS SUGAR COOKIE MILK	13 CHRISTMAS MEAL ROAST TURKEY GRAVY MASHED POTATOES GLAZED CARROTS DICED PEACH CUP DINNER ROLL ICE CREAM CUP MILK	14 SWEET & SOUR CHICKEN (new entree) ASIAN FRIED RICE BROCCOLI FLORETS w/ff dip EGG ROLL w/sweet & sour PINEAPPLE, MANDARIN ORANGES, OR PEACHES MILK
17 WG CHICKEN NUGGETS w/bbq or sweet/sour MASHED POTATOES & GRAVY PEAS WG PRETZEL ROD W/CHEESE APPLESAUCE, MIXED FRUIT, OR PEACHES MILK	18 HOT DOG OR CHILI DOG ON WG BUN w/catsup/mustard/relish TATER TOTS PORK & BEANS PEARS, MANDARIN ORANGES, OR APPLE SLICES CHEX MIX MILK	19 CHICKEN & NOODLES GLAZED CARROTS LETTUCE SALAD w/ff dressing DICED TOMATOES/CUCUMBERS WG BREAD SLICE APPLESAUCE, MANDARIN ORANGES, OR PEACHES OATMEAL RAISIN COOKIE MILK	20 WG CHEESE, WG PEPPERONI, OR SAUSAGE PIZZA SLICE GREEN BEANS CORN PEARS, APPLE SLICES, OR PINEAPPLE FRUIT ROLL UP MILK	21 EARLY DISMISSAL NO LUNCH SERVED

*WG/Whole Grain Rich