

**JUNIOR HIGH BREAKFAST MENU**  
**JANUARY 7-31, 2019 MENU SUBJECT TO CHANGE**  
**EACH BREAKFAST IS MADE UP OF 4-5 ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS**

EACH DAY THE FOLLOWING WILL BE OFFERED FOR BREAKFAST:

DAILY ITEM LISTED

OR

WG POPTART, CHOICE OF WG CEREAL, FRUIT OR VEGETABLE, FRUIT JUICE, MILK

**EACH BREAKFAST IS MADE UP OF 4-5 FOOD ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 MINI CREAM CHESE BAGEL BITES RAISINS CHOICE OF JUICE MILK	8 WG CINNAMON HONEYBUN APPLESAUCE CUP CHOICE OF JUICE MILK	9 WG MINI PIGGLE WIGGLES W/SYRUP PINEAPPLE CHOICE OF JUICE MILK	10 BREAKFAST SLIDERS PEACHES CHOICE OF JUICE MILK	11 APPLE OR CHERRY FRUDEL GRAPES CHOICE OF JUICE MILK
14 FRUIT YOGURT CUP CINNAMON GRAHAMS DICED PEACHES CHOICE OF JUICE MILK	15 WG MINI PANCAKES w/syrup ORANGE CHOICE OF JUICE MILK	16 MINI CINI APPLESAUCE CHOICE OF JUICE MILK	17 BREAKFAST PIZZA PEAR CHOICE OF JUICE MILK	18 COLBY OMELET BANANA CHOICE OF JUICE MILK
21 MARTIN LUTHER KING'S BIRTHDAY  NO SCHOOL	22 APPLE OR CHERRY FRUDELS APPLESAUCE CHOICE OF JUICE MILK	23 WG SAUSAGE/PANCAKE WRAP ON STICK w/syrup MANDARIN ORANGES CHOICE OF JUICE MILK	24 BREAKFAST BURRITO APPLE SLICES CHOICE OF JUICE MILK	25 SAUSAGE GRAVY PIZZA PEACHES CHOICE OF JUICE MILK
28 CHOICE OF WG MUFFIN TOP CHOICE OF WG CEREAL RAISINS CHOICE OF JUICE MILK	29 WG BACON SCRAMBLE PIZZA DICED PEARS CHOICE OF JUICE MILK	30 WG MINI WAFFLES w/syrup DICED PEACHES CHOICE OF JUICE MILK	31 SAUSAGE BISCUIT GRAPES CHOICE OF JUICE MILK	

\*WG/Whole Grain Rich

**NO ALACARTE ITEMS SOLD – EXCEPT MILK & JUICE**

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