

JUNIOR HIGH BREAKFAST MENU
JANUARY 1 – JANUARY 31, 2018 MENU SUBJECT TO CHANGE
EACH BREAKFAST IS MADE UP OF 4-5 ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS

EACH DAY THE FOLLOWING WILL BE OFFERED FOR BREAKFAST:

DAILY ITEM LISTED

OR

WG POPTART, CHOICE OF WG CEREAL, FRUIT OR VEGETABLE, FRUIT JUICE, MILK

EACH BREAKFAST IS MADE UP OF 4-5 FOOD ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NEW YEAR'S DAY NO SCHOOL	2 NUTRIGRAIN BAR CHOICE OF CEREAL RAISINS CHOICE OF JUICE MILK	3 COLBY OMELET APPLESAUCE CHOICE OF JUICE MILK	4 WG BREAKFAST SLIDERS PEARS CHOICE OF JUICE MILK	5 BREAKFAST BURRITO GRAPES CHOICE OF JUICE MILK
8 FRUIT YOGURT CUP WG CINNAMON GRAHAM GOLDFISH APPLE SLICES CHOICE OF JUICE MILK	9 WG BACON SCRAMBLE PIZZA DICED PEARS CHOICE OF JUICE MILK	10 ASS'T. MINI FLAVORED FRENCH TOAST w/syrup APPLESAUCE CHOICE OF JUICE MILK	11 HALFWICH (Egg, Ham, Cheese, English Muffin) PINEAPPLE CHOICE OF JUICE MILK	12 WG MINI PIGGLE WIGGLES W/SYRUP ORANGE CHOICE OF JUICE MILK
15 MARTIN LUTHER KINGS BIRTHDAY NO SCHOOL	16 NUTRIGRAIN BITES CHOICE OF CEREAL APPLESAUCE CHOICE OF JUICE MILK	17 SAUSAGE BISCUIT PEACHES CHOICE OF JUICE MILK	18 BREAKFAST PIZZA BANANA CHOICE OF JUICE MILK	19 MINI PANCAKES w/syrup GRAPES CHOICE OF JUICE MILK
22 CHOICE OF WG MUFFIN TOP CHOICE OF WG CEREAL RAISINS CHOICE OF JUICE MILK	23 WG SAUSAGE/PANCAKE WRAP ON STICK w/syrup MANDARIN ORANGES CHOICE OF JUICE MILK	24 APPLE OR CHERRY FRUDEL APPLESAUCE CHOICE OF JUICE MILK	25 WG CINNAMON HONEYBUN APPLE SLICES CHOICE OF JUICE MILK	26 SAUSAGE GRAVY PIZZA BANANA CHOICE OF JUICE MILK
29 MINI CINNIS APPLESAUCE CHOICE OF JUICE MILK	30 BREAKFAST BOAT MANDARIN ORANGES CHOICE OF JUICE MILK	31 WG FRENCH TOAST STICKS w/syrup DICED PEACHES CHOICE OF JUICE MILK		

*WG/Whole Grain Rich

NO ALACARTE ITEMS SOLD – EXCEPT MILK & JUICE

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