

JUNIOR HIGH BREAKFAST MENU
NOVEMBER 1 – 30, 2018 MENU SUBJECT TO CHANGE
EACH BREAKFAST IS MADE UP OF 4-5 ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS

EACH DAY THE FOLLOWING WILL BE OFFERED FOR BREAKFAST:

DAILY ITEM LISTED

OR

WG POPTART, CHOICE OF WG CEREAL, FRUIT OR VEGETABLE, FRUIT JUICE, MILK

EACH BREAKFAST IS MADE UP OF 4-5 FOOD ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BREAKFAST SLIDERS APPLESAUCE CHOICE OF JUICE MILK	2 WG MINI PIGGLE WIGGLES W/SYRUP BANANA CHOICE OF JUICE MILK
5 APPLE OR CHERRY FRUDEL RAISINS CHOICE OF JUICE MILK	6 WG MINI PANCAKES w/syrup ORANGE CHOICE OF JUICE MILK	7 MINI CINIS APPLESAUCE CHOICE OF JUICE MILK	8 BREAKFAST PIZZA PEAR CHOICE OF JUICE MILK	9 SAUSAGE BISCUIT GRAPES CHOICE OF JUICE MILK
12 CHOICE OF WG MUFFIN TOP CHOICE OF WG CEREAL RAISINS CHOICE OF JUICE MILK	13 BLUEBERRY OR REG/WG SAUSAGE/PANCAKE WRAP ON STICK w/syrup MANDARIN ORANGES CHOICE OF JUICE MILK	14 COLBY OMELET DICED PEARS CHOICE OF JUICE MILK	15 WG CINNAMON HONEYBUN APPLESAUCE CHOICE OF JUICE MILK	16 SAUSAGE GRAVY PIZZA BANANA CHOICE OF JUICE MILK
19 MINI CREAM CHEESE BAGEL BITES APPLE SLICES CHOICE OF JUICE MILK	20 ASS'T. MINI FLAVORED FRENCH TOAST w/syrup PEAR CHOICE OF JUICE MILK	21 THANKSGIVING BREAK NO SCHOOL	22 HAPPY THANKSGIVING NO SCHOOL	23 THANKSGIVING BREAK NO SCHOOL
26 FRUIT YOGURT CUP WG CINNAMON GRAHAM GOLDFISH RAISINS CHOICE OF JUICE MILK	27 BREAKFAST BOAT APPLESAUCE CHOICE OF JUICE MILK	28 WG BACON SCRAMBLE PIZZA DICED PEARS CHOICE OF JUICE MILK	29 WG APPLE OR CHERRY FRUDEL DICED PEARS CHOICE OF JUICE MILK	30 BREAKFAST BURRITO GRAPES CHOICE OF JUICE MILK

*WG/Whole Grain Rich

NO ALACARTE ITEMS SOLD – EXCEPT MILK & JUICE

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