

JUNIOR HIGH LUNCH MENU/NOVEMBER 6 – DECEMBER 1, 2017

MENU SUBJECT TO CHANGE

SALAD BAR OFFERED DAILY

TWO COMPONENTS MAY BE DECLINED BUT MUST HAVE ½ c FRUIT OR VEGETABLE

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">6</p> <p>CHICKEN FRYZE w/bbq/honey mustard/sweet & sour MASHED POTATOES w/GRAVY PEAS PRETZEL ROD w/CHEESE APPLE SLICES, PEARS, OR MIXED FRUIT MILK</p>	<p align="center">7</p> <p>CHEESEBURGER ON WG BUN w/catsup/mustard/pickles OVEN FRIES CELERY & CARROT STICKS ¼ c ea w/ff dip PEACHES, PINEAPPLE, OR PEARS MILK</p>	<p align="center">8</p> <p>RAVIOLI W/MEAT SAUCE LETTUCE SALAD w/ff dressing GREEN BEANS WW BREADSTICKS APPLE SLICES, PINEAPPLE, OR RAISINS MILK</p>	<p align="center">9</p> <p>ASIAN DAY BBQ TERRIAKI CHICKEN w/RICE CORN STEAMED BROCCOLI MANDARIN ORANGES, PINEAPPLE, OR PEACHES SUGAR COOKIE MILK</p>	<p align="center">10</p> <p>HOT DOG OR CHILI DOG ON WG BUN w/catsup/mustard/relish TATER TOTS KIDNEY BEANS PINEAPPLE, APPLESAUCE, OR PEARS MILK</p>
<p align="center">13</p> <p>CHICKEN TENDERS w/bbq/honey mustard/sweet & sour MASHED POTATOES & GRAVY GREEN BEANS WG BREAD SLICE APPLESAUCE, MIXED FRUIT, OR PEACHES MILK</p>	<p align="center">14</p> <p>CHICKEN PATTY ON WG BUN w/mayo & pickles SCALLOPED POTATOES PEAS ¼ c ORANGE, PEACHES, OR PINEAPPLE MILK</p>	<p align="center">15</p> <p>BREADED MOZZARELLA STICKS w/marinara sauce CAULIFLOWER FLORETS w/ff dip CORN MANDARIN ORANGES, PEACHES, OR PINEAPPLE MILK</p>	<p align="center">16</p> <p>THANKSGIVING MEAL ROAST TURKEY GRAVY STEAMED BROCCOLI FRUIT SALAD DINNER ROLL SHERBET CUP SUGAR COOKIE MILK</p>	<p align="center">17</p> <p>WG MINI CORN DOGS w/catsup/mustard SWEET POTATO BITES BAKED BEANS MANDARIN ORANGES, APPLESAUCE, OR PEARS MILK</p>
<p align="center">20</p> <p>WG POPCORN CHICKEN w/bbq/honey mustard/sweet & sour SWEET POTATO FRIES LETTUCE SALAD w/ff dressing WG BISCUIT MANDARIN ORANGES, APPLESAUCE, OR PEARS MILK</p>	<p align="center">21</p> <p>BBQ RIB ON WG BUN w/pickles CHEESY POTATOES PEAS ¼ c ORANGE, PINEAPPLE, OR PEARS CHEX MIX MILK</p>	<p align="center">22</p> <p align="center">THANKSGIVING BREAK</p> <p align="center">NO SCHOOL</p>	<p align="center">23</p> <p align="center">HAPPY THANKSGIVING</p> <p align="center">NO SCHOOL</p>	<p align="center">24</p> <p align="center">THANKSGIVING BREAK</p> <p align="center">NO SCHOOL</p>
<p align="center">27</p> <p>WG CHICKEN NUGGETS w/bbq/honey mustard/sweet & sour MASHED POTATOES & GRAVY PEAS ¼ c WG PRETZEL ROD W/CHEESE APPLESAUCE, PINEAPPLE OR PEACHES MILK</p>	<p align="center">28</p> <p>SLOPPY JO ON WG BUN w/pickles SAVORY CUBES PINTO BEANS ¼ c PEARS, MANDARIN ORANGES, OR MIXED FRUIT SIDEKICK FROZEN FRUIT ICEE MILK</p>	<p align="center">29</p> <p>WG CHEESE, PEPPERONI, OR SAUSAGE PIZZA SLICE GREEN BEANS CARROT STICKS w/ff dip PEARS, PEACHES, OR PINEAPPLE OATMEAL RAISING COOKIE MILK</p>	<p align="center">30</p> <p>ASIAN DAY GENERAL TSO'S OR ORANGE CHICKEN FRIED RICE STEAMED BROCCOLI EGG ROLL PINEAPPLE, APPLESAUCE, OR PEARS FORTUNE COOKIE MILK</p>	<p align="center">1</p> <p>CORN DOG w/catsup/mustard OR BURRITO W/SALSA SWEET POTATO PUFFS PORK & BEANS ¼ c PEARS, PEACHES, OR MIXED FRUIT FRUIT ROLL UP MILK</p>

*WG/Whole Grain Rich