

JUNIOR HIGH BREAKFAST MENU
NOVEMBER 6 – DECEMBER 1, 2017 MENU SUBJECT TO CHANGE
EACH BREAKFAST IS MADE UP OF 4-5 ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS

EACH DAY THE FOLLOWING WILL BE OFFERED FOR BREAKFAST:

DAILY ITEM LISTED

OR

WG POPTART, CHOICE OF WG CEREAL, FRUIT OR VEGETABLE, FRUIT JUICE, MILK

EACH BREAKFAST IS MADE UP OF 4-5 FOOD ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 NUTRIGRAIN BREAKFAST BAR CHOICE OF CEREAL PEACHES CHOICE OF JUICE MILK	7 SAUSAGE BISCUIT PINEAPPLE CHOICE OF JUICE MILK	8 MINI PANCAKES w/syrup APPLESAUCE CHOICE OF JUICE MILK	9 BREAKFAST BURRITO GRAPES CHOICE OF JUICE MILK	10 HALFWICH (Egg, Ham, Cheese, English Muffin) PINEAPPLE CHOICE OF JUICE MILK
13 APPLE OR CHERRY FRUDEL PEACHES CHOICE OF JUICE MILK	14 CINNAMON BAGELFUL DICED PEARS CHOICE OF JUICE MILK	15 ASS'T. MINI FLAVORED FRENCH TOAST w/syrup APPLESAUCE CHOICE OF JUICE MILK	16 WG BREAKFAST SLIDERS BANANA CHOICE OF JUICE MILK	17 FRUIT YOGURT CUP WG CINNAMON GRAHAM GOLDFISH APPLE SLICES CHOICE OF JUICE MILK
20 CHOICE OF WG MUFFIN TOP CHOICE OF WG CEREAL RAISINS CHOICE OF JUICE MILK	21 WG MINI PIGGLE WIGGLES W/SYRUP ORANGE CHOICE OF JUICE MILK	22 THANKSGIVING BREAK NO SCHOOL	23 HAPPY THANKSGIVING NO SCHOOL	24 THANKSGIVING BREAK NO SCHOOL
27 MINI CINNIS APPLESAUCE CHOICE OF JUICE MILK	28 WG SAUSAGE/PANCAKE WRAP ON STICK w/syrup MANDARIN ORANGES CHOICE OF JUICE MILK	29 COLBY OMELET APPLESAUCE CHOICE OF JUICE MILK	30 WG CINNAMON HONEYBUN APPLE SLICES CHOICE OF JUICE MILK	1 SAUSAGE GRAVY PIZZA BANANA CHOICE OF JUICE MILK

*WG/Whole Grain Rich

NO ALACARTE ITEMS SOLD – EXCEPT MILK & JUICE

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