

JUNIOR HIGH BREAKFAST MENU
OCTOBER 1 - 31, 2018 MENU SUBJECT TO CHANGE
EACH BREAKFAST IS MADE UP OF 4-5 ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS

EACH DAY THE FOLLOWING WILL BE OFFERED FOR BREAKFAST:

DAILY ITEM LISTED

OR

WG POPTART, CHOICE OF WG CEREAL, FRUIT OR VEGETABLE, FRUIT JUICE, MILK

EACH BREAKFAST IS MADE UP OF 4-5 FOOD ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 APPLE OR CHERRY FRUDEL RAISINS CHOICE OF JUICE MILK	2 BREAKFAST BURRITO PINEAPPLE CHOICE OF JUICE MILK	3 ASS'T. MINI FLAVORED FRENCH TOAST w/syrup APPLESAUCE CHOICE OF JUICE MILK	4 WG BREAKFAST BOAT PEAR CHOICE OF JUICE MILK	5 TEACHER'S INSTITUTE NO SCHOOL
8 COLUMBUS DAY NO SCHOOL	9 WG BREAKFAST SLIDERS APPLESAUCE CUP CHOICE OF JUICE MILK	10 MINI CINIS DICED PEACHES CHOICE OF JUICE MILK	11 BREAKFAST PIZZA GRAPES CHOICE OF JUICE MILK	12 MINI WAFFLES w/syrup BANANA CHOICE OF JUICE MILK
15 CHOICE OF WG MUFFIN TOP CHOICE OF WG CEREAL RAISINS CHOICE OF JUICE MILK	16 WG SAUSAGE/PANCAKE WRAP ON STICK w/syrup MANDARIN ORANGES CHOICE OF JUICE MILK	17 COLBY OMELET APPLE SLICES CHOICE OF JUICE MILK	18 WG CINNAMON HONEYBUN DICED PEARS CHOICE OF JUICE MILK	19 PARENT TEACHER CONFERENCE NO SCHOOL
22 FRUIT YOGURT CUP WG CINNAMON GRAHAM GOLDFISH APPLE SLICES CHOICE OF JUICE MILK	23 WG BACON SCRAMBLE PIZZA DICED PEARS CHOICE OF JUICE MILK	24 WG MNI PANCAKES w/syrup DICED PEACHES CHOICE OF JUICE MILK	25 APPLE OR CHERRY FRUDEL APPLESAUCE CHOICE OF JUICE MILK	26 WG BREAKFAST SLIDERS GRAPES CHOICE OF JUICE MILK
29 WG CINNAMON HONEYBUN PEACHES CHOICE OF JUICE MILK	30 WG MINI PIGGLE WIGGLES W/SYRUP ORANGE CHOICE OF JUICE MILK	31 SAUSAGE GRAVY PIZZA PINEAPPLE CHOICE OF JUICE MILK		

*WG/Whole Grain Rich

NO ALACARTE ITEMS SOLD – EXCEPT MILK & JUICE
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