

JUNIOR HIGH BREAKFAST MENU
OCTOBER 2 – NOVEMBER 3, 2017 MENU SUBJECT TO CHANGE
EACH BREAKFAST IS MADE UP OF 4-5 ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS

EACH DAY THE FOLLOWING WILL BE OFFERED FOR BREAKFAST:

DAILY ITEM LISTED

OR

WG POPTART, CHOICE OF WG CEREAL, FRUIT OR VEGETABLE, FRUIT JUICE, MILK

EACH BREAKFAST IS MADE UP OF 4-5 FOOD ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NUTRIGRAIN BREAKFAST BAR CHOICE OF CEREAL PEACHES CHOICE OF JUICE MILK	3 SAUSAGE BISCUIT PINEAPPLE CHOICE OF JUICE MILK	4 MINI PANCAKES w/syrup APPLESAUCE CHOICE OF JUICE MILK	5 BREAKFAST BURRITO GRAPES CHOICE OF JUICE MILK	6 TEACHER INSTITUTE NO SCHOOL
9 COLUMBUS DAY NO SCHOOL	10 CINNAMON BAGELFUL DICED PEACHES CHOICE OF JUICE MILK	11 ASS'T. MINI FLAVORED FRENCH TOAST w/syrup APPLESAUCE CHOICE OF JUICE MILK	12 WG BREAKFAST SLIDERS PEAR CHOICE OF JUICE MILK	13 HALFWICH (Egg, Ham, Cheese, English Muffin) PINEAPPLE CHOICE OF JUICE MILK
16 BREAKFAST TACO-GO WRAP PEACHES CHOICE OF JUICE MILK	17 WG MINI PIGGLE WIGGLES W/SYRUP ORANGE CHOICE OF JUICE MILK	18 MINI CINNIS APPLESAUCE CHOICE OF JUICE MILK	19 BREAKFAST PIZZA BANANA CHOICE OF JUICE MILK	20 PARENT TEACHER CONFERENCE NO SCHOOL
23 CHOICE OF WG MUFFIN TOP CHOICE OF WG CEREAL RAISINS CHOICE OF JUICE MILK	24 WG SAUSAGE/PANCAKE WRAP ON STICK w/syrup MANDARIN ORANGES CHOICE OF JUICE MILK	25 COLBY OMELET APPLESAUCE CHOICE OF JUICE MILK	26 WG CINNAMON HONEYBUN APPLE SLICES CHOICE OF JUICE MILK	27 SAUSAGE GRAVY PIZZA BANANA CHOICE OF JUICE MILK
30 APPLE OR CHERRY FRUDEL APPLESAUCE CHOICE OF JUICE MILK	31 WG BACON SCRAMBLE PIZZA DICED PEARS CHOICE OF JUICE MILK	1 WG FRENCH TOAST STICKS w/syrup DICED PEACHES CHOICE OF JUICE MILK	2 FRUIT YOGURT CUP WG CINNAMON GRAHAM GOLDFISH APPLE SLICES CHOICE OF JUICE MILK	3 BREAKFAST BOAT GRAPES CHOICE OF JUICE MILK

*WG/Whole Grain Rich

NO ALACARTE ITEMS SOLD – EXCEPT MILK & JUICE

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY