


# OCTOBER

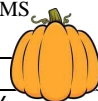
2018  
SOUTH SCHOOL MENU





## BREAKFAST

Menus subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHOICE OF WG POPTART CHOICE OF WG CEREAL RAISINS CHOICE OF JUICE or MILK	2 BREAKFAST BURRITO PINEAPPLE CHOICE OF JUICE or MILK	3 ASS'T. MINI FLAVORED FRENCH TOAST w/syrup APPLESAUCE CHOICE OF JUICE or MILK	4 WG BREAKFAST BOAT PEAR CHOICE OF JUICE or MILK	5 <b>TEACHER'S INSTITUTE</b>  <b>NO SCHOOL</b>
8 <b>COLUMBUS DAY</b>  <b>NO SCHOOL</b>	9 CHOICE OF POPTART CHOICE OF WG CEREAL APPLESAUCE CUP CHOICE OF JUICE or MILK	10 MINI CINIS DICED PEACHES CHOICE OF JUICE or MILK	11 BREAKFAST PIZZA GRAPES CHOICE OF JUICE or MILK	12 MINI WAFFLES w/syrup BANANA CHOICE OF JUICE or MILK
15 CHOICE OF WG MUFFIN TOP CHOICE OF WG CEREAL RAISINS CHOICE OF JUICE or MILK	16 WG SAUSAGE/PANCAKE WRAP ON STICK w/syrup MANDARIN ORANGES CHOICE OF JUICE or MILK	17 COLBY OMELET APPLE SLICES CHOICE OF JUICE or MILK	18 WG CINNAMON HONEYBUN DICED PEARS CHOICE OF JUICE or MILK	19 <b>PARENT TEACHER CONFERENCE</b>  <b>NO SCHOOL</b>
22 FRUIT YOGURT CUP WG CINNAMON GRAHAM GOLDFISH APPLE SLICES CHOICE OF JUICE or MILK	23 WG BACON SCRAMBLE PIZZA DICED PEARS CHOICE OF JUICE or MILK	24 WG MNI PANCAKES w/syrup DICED PEACHES CHOICE OF JUICE or MILK	25 APPLE OR CHERRY FRUDEL APPLESAUCE CHOICE OF JUICE or MILK	26 WG BREAKFAST SLIDERS GRAPES CHOICE OF JUICE or MILK
29 CHOICE OF WG POPTART CHOICE OF WG CEREAL PEACHES CHOICE OF JUICE or MILK	30 WG MINI PIGGLE WIGGLES W/SYRUP ORANGE CHOICE OF JUICE or MILK	31 SAUSAGE GRAVY PIZZA PINEAPPLE CHOICE OF JUICE or MILK	EACH BREAKFAST IS MADE UP OF 4-5 FOOD ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS	



## LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN FRYZE w/bbq SAVORY CUBES BAKED BEANS MANDARIN ORANGES CHEDDAR GOLDFISH MILK	2 WG CHICKEN PATTY ON WG BUN w/mayo/pickles SCALLOPED POTATOES PEAS PEARS MILK	3 CHICKEN & NOODLES GLAZED CARROTS LETTUCE SALAD w/ff dressing WG BREAD SLICE MIXED FRUIT MILK	4 SAUSAGE PIZZA SLICE GREEN BEANS CORN APPLE SLICES WG SUGAR COOKIE MILK	5 <b>TEACHER'S INSTITUTE</b>  <b>NO SCHOOL</b>
8 <b>COLUMBUS DAY</b>  <b>NO SCHOOL</b> 	9 WG MINI CORN DOGS w/catsup/mustard SWEET POTATO FRIES PORK & BEANS PINEAPPLE MILK	10 MEXICAN GOULASH LETTUCE SALAD w/ff dressing SEASONED BLACK BEANS PEACHES CORNBREAD MILK	11 BREADED MOZZARELLA STICKS w/marinara sauce GREEN BEANS CORN APPLESAUCE MILK	12 ORANGE CHICKEN ASIAN FRIED RICE STEAMED BROCCOLI EGG ROLL ½ w/sweet & sour MANDARIN ORANGES FORTUNE COOKIE MILK
15 CHICKEN TENDERS w/bbq MASHED POTATOES/GRAVY BABY CARROTS w/ff dip WG BREAD SLICE PEACHES MILK	16 BBQ RIB ON WG BUN w/pickles CHEESY POTATOES PEAS MANDARIN ORANGES SUGAR COOKIE MILK	17 RAVIOLI w/MEAT SAUCE LETTUCE SALAD w/ff dressing GREEN BEANS WW BREADSTICK APPLESAUCE MILK	18 WG CHEESE QUESADILLA W/SALSA SEASONED BLACK BEANS CORN PINEAPPLE MILK	19 <b>PARENT TEACHER CONFERENCE</b>  <b>NO SCHOOL</b> 
22 WG CHICKEN NUGGETS w/bbq SWEET POTATO BITES LETTUCE SALAD w/ff dressing WG PRETZEL ROD W/CHEESE MANDARIN ORANGES MILK	23 CHEESEBURGER ON WG BUN w/catsup/mustard/pickles OVEN FRIES CELERY & CARROT STICKS ea w/ff dip PEACHES MILK	24 TURKEY MANHATTAN (Turkey Gravy, Mashed Potatoes, Bread Slice) GREEN BEANS APPLE SLICES MILK	25 NACHO GRANDE (TACO MEAT/TOSTITO CHIPS) SHREDDED LETTUCE CHEESE DICED TOMATOES REFRIED BEANS PEARS MILK	26 TERIYAKI CHICKEN ASIAN FRIED RICE CORN EGG ROLL ½ w/sweet & sour PINEAPPLE GRAHAM CRACKERS MILK
29 WG POPCORN CHICKEN w/bbq MASHED POTATOES/GRAVY GLAZED CARROTS WG BISCUIT PEACHES MILK	30 HOT DOG ON WG BUN w/catsup/mustard TATER TOTS BAKED BEANS PEARS MILK	31 SPAGHETTI W/MEAT SAUCE CORN LETTUCE SALAD w/ff dressing GARLIC BREAD APPLESAUCE MILK	IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.	



