

*WG-Whole Grain

BREAKFAST

Menus subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EACH BREAKFAST IS MADE UP OF 4-5 FOOD ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS			1 BREAKFAST SLIDERS APPLESAUCE CHOICE OF JUICE or MILK	2 WG MINI PIGGLE WIGGLES w/syrup BANANA CHOICE OF JUICE or MILK
5 CHOICE OF WG POPTART CHOICE OF WG CEREAL RAISINS CHOICE OF JUICE or MILK	6 WG MINI PANCAKES w/syrup ORANGE CHOICE OF JUICE or MILK	7 MINI CINIS APPLESAUCE CHOICE OF JUICE or MILK	8 BREAKFAST PIZZA PEAR CHOICE OF JUICE or MILK	9 SAUSAGE BISCUIT GRAPES CHOICE OF JUICE or MILK
12 CHOICE OF WG MUFFIN TOP CHOICE OF WG CEREAL RAISINS CHOICE OF JUICE or MILK	13 BLUEBERRY OR REG/WG SAUSAGE/PANCAKE WRAP ON STICK w/syrup MANDARIN ORANGES CHOICE OF JUICE or MILK	14 COLBY OMELET DICED PEARS CHOICE OF JUICE or MILK	15 WG CINNAMON HONEYBUN APPLESAUCE CHOICE OF JUICE or MILK	16 SAUSAGE GRAVY PIZZA BANANA CHOICE OF JUICE or MILK
19 CHOICE OF WG POPTART CHOICE OF CEREAL APPLE SLICES CHOICE OF JUICE or MILK	20 ASS'T. MINI FLAVORED FRENCH TOAST w/syrup PEAR CHOICE OF JUICE or MILK	21 THANKSGIVING BREAK NO SCHOOL	22 HAPPY THANKSGIVING NO SCHOOL	23 THANKSGIVING BREAK NO SCHOOL
26 FRUIT YOGURT CUP WG CINNAMON GRAHAM GOLDFISH RAISINS CHOICE OF JUICE or MILK	27 BREAKFAST BOAT APPLESAUCE CHOICE OF JUICE or MILK	28 WG BACON SCRAMBLE PIZZA DICED PEACHES CHOICE OF JUICE or MILK	29 WG APPLE OR CHERRY FRUDEL DICED PEARS CHOICE OF JUICE or MILK	30 BREAKFAST BURRITO GRAPES CHOICE OF JUICE or MILK

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.			1 BBQ CHICKEN WG BUN w/pickles POTATO SMILES BROCCOLI FLORETS w/ff dip MANDARIN ORANGES MILK	2 CHEESE PIZZA SLICE GREEN BEANS CORN PINEAPPLE MILK
5 CHICKEN FRYZE w/bbq SAVORY CUBES PEAS MIXED FRUIT CHEDDAR GOLDFISH MILK	6 WG MINI CORN DOGS w/catsup/mustard SWEET POTATO PUFFS BAKED BEANS PINEAPPLE MILK	7 MEXICAN GOULASH LETTUCE SALAD w/ff dressing CORN PEACHES CORNBREAD MILK	8 WG CHICKEN PATTY ON WG BUN w/mayo/pickles SCALLOPED POTATOES GREEN BEANS PEARS MILK	9 ORANGE CHICKEN ASIAN FRIED RICE STEAMED BROCCOLI ½ EGG ROLL w/sweet & sour MANDARIN ORANGES FORTUNE COOKIE MILK
12 CHICKEN TENDERS w/bbq MASHED POTATOES & GRAVY BABY CARROTS w/ff dip WG BREAD SLICE PEACHES MILK	13 BBQ RIB ON WG BUN w/pickles CHEESY POTATOES PINTO BEANS MANDARIN ORANGE FRUIT SNACKS MILK	14 THANKSGIVING MEAL ROAST TURKEY GRAVY MASHED POTATOES GREEN BEANS STRAWBERRY CUP DINNER ROLL SUGAR COOKIE MILK	15 RAVIOLI w/MEAT SAUCE LETTUCE SALAD w/ff dressing CORN GARLIC BREAD APPLESAUCE MILK	16 SWEET & SOUR CHICKEN ASIAN FRIED RICE BROCCOLI FLORETS w/ff dip ½ EGG ROLL w/sweet & sour PINEAPPLE FORTUNE COOKIE MILK
19 WG CHICKEN NUGGETS w/bbq SWEET POTATO BITES LETTUCE SALAD w/ff dressing WG PRETZEL ROD W/CHEESE MANDARIN ORANGES MILK	20 WG CHICKEN QUESADILLA w/salsa SEASONED BLACK BEANS CORN PINEAPPLE MILK	21 THANKSGIVING BREAK NO SCHOOL	22 THANKSGIVING DAY NO SCHOOL	23 THANKSGIVING BREAK NO SCHOOL
26 WG POPCORN CHICKEN w/bbq MASHED POTATOES/GRAVY PEAS WG BISCUIT PEACHES MILK	27 BREADED MOZZARELLA STICKS w/marinara sauce GREEN BEANS CORN APPLESAUCE MILK	28 CHICKEN & NOODLES GLAZED CARROTS LETTUCE SALAD w/ ff dressing WG BREAD SLICE MIXED FRUIT OATMEAL RAISIN MILK	29 NACHO GRANDE (TACO MEAT/TOSTITO CHIPS) SHREDDED LETTUCE CHEESE DICED TOMATOES SALSA REFRIED BEANS PEARS MILK	30 TERIYAKI CHICKEN ASIAN FRIED RICE CORN EGG ROLL ½ w/sweet & sour PINEAPPLE GRAHAM CRACKERS MILK

