

December

2018 SOUTH SCHOOL MENU



EACH BREAKFAST IS MADE UP OF 4-5 FOOD ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS

*WG-Whole Grain

BREAKFAST

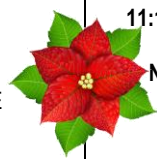
Menus subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CHOICE OF WG POPTART CHOICE OF WG CEREAL RAISINS CHOICE OF JUICE or MILK	4 WG MINI PANCAKES w/syrup ORANGE CHOICE OF JUICE or MILK	5 MINI CINIS w/CREAM CHEESE APPLESAUCE CHOICE OF JUICE or MILK	6 BREAKFAST SLIDERS PEAR CHOICE OF JUICE or MILK	7 WG MINI PIGGLE WIGGLES w/syrup BANANA CHOICE OF JUICE or MILK
10 CHOICE OF WG MUFFIN TOP CHOICE OF WG CEREAL RAISINS CHOICE OF JUICE or MILK	11 BLUEBERRY OR REG/WG SAUSAGE/PANCAKE WRAP ON STICK w/syrup MANDARIN ORANGES CHOICE OF JUICE or MILK	12 COLBY OMELET DICED PEARS CHOICE OF JUICE or MILK	13 BREAKFAST PIZZA APPLE SLICES CHOICE OF JUICE or MILK	14 SAUSAGE BISCUIT GRAPES CHOICE OF JUICE or MILK
17 CHOICE OF WG POPTART CHOICE OF CEREAL APPLE SLICES CHOICE OF JUICE or MILK	18 ASS'T. MINI FLAVORED FRENCH TOAST w/syrup GRAPES CHOICE OF JUICE or MILK	19 BREAKFAST BURRITO PINEAPPLE CHOICE OF JUICE or MILK	20 SAUSAGE GRAVY PIZZA PEACHES CHOICE OF JUICE or MILK	21 WG CINNAMON HONEYBUN APPLESAUCE CUP CHOICE OF JUICE or MILK



LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CHICKEN FRYZE w/bbq SAVORY CUBES PEAS MIXED FRUIT CHEDDAR GOLDFISH MILK	4 WG MINI CORN DOGS w/catsup/mustard SWEET POTATO FRIES BAKED BEANS PINEAPPLE MILK	5 WG CHICKEN PATTY ON WG BUN w/mayo/pickles SCALLOPED POTATOES GREEN BEANS PEARS MILK	6 RAVIOLI w/MEAT SAUCE LETTUCE SALAD w/ff dressing CORN GARLIC BREAD APPLESAUCE MILK	7 ORANGE CHICKEN ASIAN FRIED RICE STEAMED BROCCOLI ½ EGG ROLL w/sweet & sour MANDARIN ORANGES FORTUNE COOKIE MILK
10 CHICKEN TENDERS w/bbq MASHED POTATOES & GRAVY PEAS WG BISCUIT PEACHES MILK	11 BREADED MOZZARELLA STICKS w/marinara sauce GREEN BEANS CORN APPLESAUCE MILK	12 BBQ RIB ON WG BUN w/pickles CHEESY POTATOES PINTO BEANS MANDARIN ORANGES FRUIT SNACKS MILK	13 CHRISTMAS MEAL ROAST TURKEY GRAVY MASHED POTATOES GLAZED CARROTS MIXED FRUIT DINNER ROLL ICE CREAM CUP MILK	14 SWEET & SOUR CHICKEN ASIAN FRIED RICE BROCCOLI FLORETS w/ff dip ½ EGG ROLL w/sweet & sour PINEAPPLE FORTUNE COOKIE MILK
17 WG CHICKEN NUGGETS w/bbq MASHED POTATOES & GRAVY PEAS WG PRETZEL ROD W/CHEESE MANDARIN ORANGES MILK	18 HOT DOG ON WG BUN w/catsup/mustard TATER TOTS PORK & BEANS PEARS MILK	19 CHICKEN & NOODLES GLAZED CARROTS LETTUCE SALAD w/ ff dressing WG BREAD SLICE MIXED FRUIT MILK	20 PEPPERONI PIZZA SLICE GREEN BEANS CORN APPLESAUCE SUGAR COOKIE MILK	21 11:15 EARLY DISMISSAL NO LUNCH SERVED



IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.