



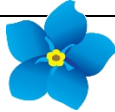
**2019 SOUTH SCHOOL MENU**

\*WG-Whole Grain

**BREAKFAST**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>EACH BREAKFAST IS MADE UP OF 4-5 FOOD ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS</b>		1 MINI PANCAKES w/syrup APPLESAUCE CHOICE OF JUICE or MILK	2 BREAKFAST BURRITO GRAPES CHOICE OF JUICE or MILK	3 FRUIT YOGURT CUP WG CINNAMON GRAHAM GOLDFISH BANANA CHOICE OF JUICE or MILK
6 CHOICE OF POPTART CHOICE OF CEREAL RAISINS CHOICE OF JUICE or MILK	7 WG SAUSAGE/PANCAKE WRAP ON STICK w/syrup MANDARIN ORANGES CHOICE OF JUICE or MILK	8 ASS'T. MINI WAFFLES w/syrup APPLESAUCE CHOICE OF JUICE or MILK	9 WG BREAKFAST SLIDERS DICED PEARS CHOICE OF JUICE or MILK	10 WG CINNAMON HONEYBUN STRAWBERRIES CHOICE OF JUICE or MILK
13 CHOICE OF WG MUFFIN TOP CHOICE OF WG CEREAL PEACH CUP CHOICE OF JUICE or MILK	14 WG MINI PIGGLE WIGGLES w/syrup ORANGE CHOICE OF JUICE or MILK	15 COLBY OMELET MIXED FRUIT CHOICE OF JUICE or MILK	16 MINI CINNIS APPLESAUCE CHOICE OF JUICE or MILK	17 SAUSAGE GRAVY PIZZA DICED PEARS CHOICE OF JUICE or MILK
20 CHOICE OF POPTART CHOICE OF WG CEREAL FRUIT CHOICE OF JUICE or MILK	21 COOK'S CHOICE FRUIT CHOICE OF JUICE or MILK	22 COOK'S CHOICE FRUIT CHOICE OF JUICE or MILK	23 COOK'S CHOICE FRUIT CHOICE OF JUICE or MILK	24 CHOICE OF POPTART CHOICE OF CEREAL FRUIT CHOICE OF JUICE or MILK



\*Menus subject to change

**LUNCH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 SLOPPY JO ON WG BUN w/pickles SAVORY CUBES GREEN BEANS PEARS MILK	2 PIZZA SLICE LETTUCE SALAD w/ff dressing CORN PEACHES OATMEAL RAISIN COOKIE MILK	3 SWEET & SOUR CHICKEN FRIED RICE STEAMED BROCCOLI ½ EGG ROLL PINEAPPLE FORTUNE COOKIE
6 CHICKEN TENDERS w/bbq MASHED POTATOES BABY CARROTS w/ff dip WG PRETZEL ROD & CHEESE PEACHES MILK	7 BBQ RIB ON WG BUN w/pickles SCALLOPED POTATOES PEAS MANDARIN ORANGES MILK	8 RAVIOLI w/MEAT SAUCE LETTUCE SALAD w/ff dressing GREEN BEANS WW BREADSTICK APPLESAUCE MILK	9 CORN DOG w/catsup/mustard SWEET POTATO PUFFS PORK & BEANS PEARS FRUIT SNACKS MILK	10 BBQ TERRIAKI CHICKEN FRIED RICE CORN ½ EGG ROLL PINEAPPLE SUGAR COOKIE MILK
13 WG POPCORN CHICKEN w/bbq MASHED POTATOES GLAZED CARROTS WG BISCUIT APPLESAUCE MILK	14 HOT DOG ON WG BUN w/catsup/mustard TATER TOTS BAKED BEANS PEACHES MILK	15 CHEESEBURGER ON WG BUN w/catsup/mustard/pickle POTATOES CARROT & CELERY STICKS w/dip FRUIT MILK	16 NACHO GRANDE (TACO MEAT/TOSTITO CHIPS) SHREDDED LETTUCE CHEESE DICED TOMATOES REFRIED BEANS PEARS MILK	17 ORANGE CHICKEN FRIED RICE STEAMED BROCCOLI ½ EGG ROLL PINEAPPLE FORTUNE COOKIE MILK
20 WG CHICKEN PATTY ON WG BUN w/mayo/pickles CHEESY POTATOES PEAS MANDARIN ORANGES MILK	21 WG MINI CORN DOGS w/catsup/mustard POTATOES BAKED BEANS PINEAPPLE MILK	22 SACK LUNCH MILK	23 COOK'S CHOICE	24 11:15 EARLY DISMISSAL <b>NO LUNCH SERVED</b>



IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY

