

FEBRUARY

2019 SOUTH SCHOOL MENU

*WG-Whole Grain

BREAKFAST

Menus subject to change



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EACH BREAKFAST IS MADE UP OF 4-5 FOOD ITEMS – EACH TRAY MUST HAVE 3 FOOD ITEMS				1 WG MINI PIGGLE WIGGLES w/syrup BANANA CHOICE OF JUICE or MILK
4 FRUIT YOGURT CUP WG CINNAMON GRAHAM GOLDFISH APPLE SLICES CHOICE OF JUICE or MILK	5 COLBY OMELET ORANGE CHOICE OF JUICE or MILK	6 MINI CINNI ROLLS APPLESAUCE CHOICE OF JUICE or MILK	7 BREAKFAST PIZZA PEAR CHOICE OF JUICE or MILK	8 APPLE OR CHERRY FRUDELS BANANA CHOICE OF JUICE or MILK
11 CHOICE OF WG MUFFIN TOP CHOICE OF WG CEREAL PINEAPPLE CHOICE OF JUICE or MILK	12 BREAKFAST SLIDERS DICED PEARS CHOICE OF JUICE or MILK	13 WG SAUSAGE/PANCAKE WRAP ON STICK w/syrup MANDARIN ORANGES CHOICE OF JUICE or MILK	14 WG CINNAMON HONEYBUN APPLESAUCE CHOICE OF JUICE or MILK	15 PARENT/TEACHER CONFERENCE NO SCHOOL
18 PRESIDENT'S DAY NO SCHOOL	19 CHOICE OF WG POPTART CHOICE OF WG CEREAL RAISINS CHOICE OF JUICE or MILK	20 WG MINI WAFLES w/syrup DICED PEACHES CHOICE OF JUICE or MILK	21 BREAKFAST BOATS APPLE SLICES CHOICE OF JUICE or MILK	22 WG BACON SCRAMBLE PIZZA GRAPES CHOICE OF JUICE or MILK
25 CHOICE OF WG POPTART CHOICE OF CEREAL RAISINS CHOICE OF JUICE or MILK	26 SAUSAGE GRAVY PIZZA APPLESAUCE CHOICE OF JUICE or MILK	27 ASS'T. MINI FLAVORED FRENCH TOAST w/syrup PEACHES CHOICE OF JUICE or MILK	28 SAUSAGE BISCUIT PINEAPPLE CHOICE OF JUICE or MILK	

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.				1 SAUSAGE PIZZA SLICE GREEN BEANS CORN APPLE SLICES WG SUGAR COOKIE MILK
4 CHICKEN TENDERS w/bbq MASHED POTATOES & GRAVY PEAS WG BISCUIT APPLE SLICES MILK	5 CORN DOG w/catsup/mustard TATER TOTS PORK & BEANS PEARS MILK	6 CHICKEN & NOODLES GLAZED CARROTS LETTUCE SALAD w/ff dressing WG BREAD SLICE MIXED FRUIT MILK	7 BREADED MOZZARELLA STICKS w/marinara sauce GREEN BEANS CORN APPLESAUCE MILK	8 ORANGE CHICKEN ASIAN FRIED RICE BROCCOLI FLORETS w/ff dip ½ EGG ROLL w/sweet & sour MANDARIN ORANGES FORTUNE COOKIE MILK
11 CHICKEN FRYZE w/bbq SAVORY CUBES BAKED BEANS WG PRETZEL ROD w/CHEESE PEACHES MILK	12 CHEESEBURGER ON WG BUN w/catsup/mustard/pickles OVEN FRIES CELERY & CARROT STICKS w/ff dip PEACHES MILK	13 RAVIOLI w/MEAT SAUCE CORN GREEN BEANS WW GARLIC BREADSTICK APPLESAUCE MILK	14 WG CHEESE QUESADILLA w/salsa SEASONED BLACK BEANS LETTUCE SALAD w/ff dressing PINEAPPLE CHEDDAR GOLDFISH MILK	15 PARENT/TEACHER CONFERENCE NO SCHOOL
18 PRESIDENT'S DAY NO SCHOOL	19 WG POPCORN CHICKEN w/bbq MASHED POTATOES/GRAVY GLAZED CARROTS WG BISCUIT PEACHES MILK	20 TURKEY MANHATTAN (Turkey Gravy, Mashed Potatoes, Bread Slice) GREEN BEANS APPLE SLICES MILK	21 NACHO GRANDE (TACO MEAT/TOSTITO CHIPS) SHREDDED LETTUCE CHEESE DICED TOMATOES REFRIED BEANS PEARS MILK	22 TERIYAKI CHICKEN ASIAN FRIED RICE CORN ½ EGG ROLL w/sweet & sour PEARS GRAHAM CRACKERS MILK
25 WG CHICKEN NUGGETS w/bbq SWEET POTATO PUFFS GREEN BEANS WG PRETZEL ROD w/CHEESE MANDARIN ORANGES MILK	26 BBQ RIB ON WG BUN w/pickles SAVORY WEDGES PINTO BEANS APPLESAUCE OATMEAL RAISIN COOKIE MILK	27 SPAGHETTI w/MEAT SAUCE LETTUCE SALAD w/ff dressing CORN PEARS GARLIC BREAD MILK	28 WG CHICKEN PATTY ON WG BUN w/mayo/pickles SCALLOPED POTATOES PEAS PINEAPPLE MILK	

